

Excellent Remedy For Disease

Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the Lord shall be thy reward. Isa. 58:8

There is health and peace in doing the will of our Heavenly Father. Thy righteousness shall go before thee; the glory of the Lord shall be thy reward. Then shalt thou call, and the Lord shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity; and if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noonday; and the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

If thou clothe the naked, and bring the poor . . . to thy house, and deal thy bread to the hungry, "then shall thy light break forth as the morning, and thine health shall spring forth speedily." Doing good is an excellent remedy for disease.

The pleasure of doing good to others imparts a glow to the feelings which flashes through the nerves, quickens the circulation of the blood, and induces mental and physical health. **Pure and undefiled religion is not a sentiment, but the doing of works of mercy and love.** This religion is necessary to health and happiness. It enters the polluted soul temple, and with a scourge drives out the sinful intruders. Taking the throne, it consecrates all by its presence, illuminating the heart. . . It opens the windows of the soul heavenward, letting in the sunshine of God's love. With it comes serenity and composure. Physical, mental, and moral strength increase, because the atmosphere of heaven; as a living, active agency, fills the soul. ML 246

God requires us to yield our own will to His; but He does not ask us to give up anything that it would be for our good to retain. No one can be happy while he devotes his life to selfish gratification. A course of obedience to God is the wisest course for us to pursue; for it brings peace, content, and happiness as a sure result. ML 180

Prayer: Dear Lord, help me to gain health and peace in doing Thy will. Amen

(Note: This page is taken from the SUD's (Southern Asia Division) 2011 morning devotional entitled "Empowered For Victory" which is a select compilation of E.G. White's writings and Bible texts by Dr. Raj Kumar Chavakula. More info can be seen here: www.sasda.org)

Excellent Remedy For Disease

Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the Lord shall be thy reward. Isa. 58:8

There is health and peace in doing the will of our Heavenly Father. Thy righteousness shall go before thee; the glory of the Lord shall be thy reward. Then shalt thou call, and the Lord shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity; and if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noonday; and the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

Pure and undefiled religion is not a sentiment, but the doing of works of mercy and love.

If thou clothe the naked, and bring the poor to thy house, and deal thy bread to the hungry, "then shall thy light break forth as the morning, and thine health shall spring forth speedily." Doing good is an excellent remedy for disease.

The pleasure of doing good to others imparts a glow to the feelings which flashes through the nerves, quickens the circulation of the blood, and induces mental and physical health. Pure and undefiled religion is not a sentiment, but the doing of works of mercy and love. This religion is necessary to health and happiness. It enters the polluted soul temple, and with a scourge drives out the sinful intruders. Taking the throne, it consecrates all by its presence, illuminating the heart. It opens the windows of the soul heavenward, letting in the sunshine of God's love. With it comes serenity and composure. Physical, mental, and moral strength increase, because the atmosphere of heaven; as a living, active agency, fills the soul. *ML p.246*

God requires us to yield our own will to His; but He does not ask us to give up anything that it would be for our good to retain. No one can be happy while he devotes his life to selfish gratification. A course of obedience to God is the wisest course for us to pursue; for it brings peace, content, and happiness as a sure result. *ML p.180*

Prayer: Dear Lord, help me to gain health and peace in doing thy will. Amen